

# Undergraduate Minor In Nutrition and Food Systems



## Minor goals

- Understand political, social, and economic contexts for changes in world food systems.
- Understand connections between soil, water, and air health, the food supply, and human health and chronic disease.

## Minor requirements

- A minimum of 18 credit hours
- HPEB 502- Applied Aspects of Human Nutrition
- HPEB 488-Food Systems
- HPEB 489-Food Systems Capstone Seminar
- Three courses from "Food & Environment" approved topic courses
- Three courses from "Nutrition" approved topic courses
- Three courses from "Sustainability" approved topic courses
- Courses must be completed with a grade of "C" or higher

### For questions or more information, contact:

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[https://sc.edu/study/colleges\\_schools/public\\_health/study/undergraduate\\_degrees/nutrition\\_and\\_food\\_systems/index.php](https://sc.edu/study/colleges_schools/public_health/study/undergraduate_degrees/nutrition_and_food_systems/index.php)

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## Why this minor is important?

- Nutrition and food systems are inextricably linked to the health of our communities and to planetary health.
- The rapidly changing food systems is altering planetary nutritional intake.
- There is a shortage of trained professionals to guide communities in transforming food systems to promote environmental sustainability, improve nutritional health, and address social justice.

## What you will gain from this minor?

- Take courses that focus on production, processing, retail, consumption, and disposal of food.
- Integrate interdisciplinary course work into your academic curriculum.
- The ability to incorporate it into your major including, but not limited to:
  - exercise science
  - psychology
  - sociology
  - anthropology
  - political science
  - global studies
  - nursing
  - women's studies
- Be able to find work in many settings such as:
  - Nonprofit governmental organizations
  - Nonprofit organizations
  - Government agencies
  - Private organizations
  - Philanthropic organizations
  - Universities